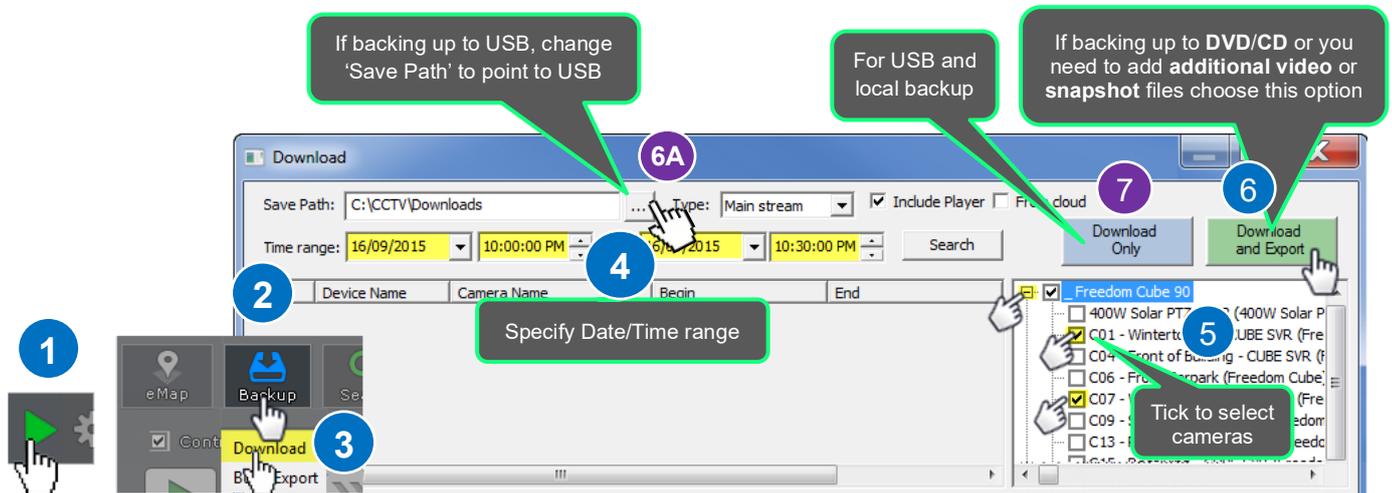


Backing up Footage – (Method 1)

Video tutorial at www.FreedomVMS.com/backup

Insert your backup media, which can be USB, DVD+-R/CD-R. When backing-up HD footage we recommend using USB media. After step 5, if backing up to USB skip step '6' and follow steps 6A & 7. The required capacity depends on many factors. 1 hour of FHD video from 1 camera uses approximately ~880MB of storage.

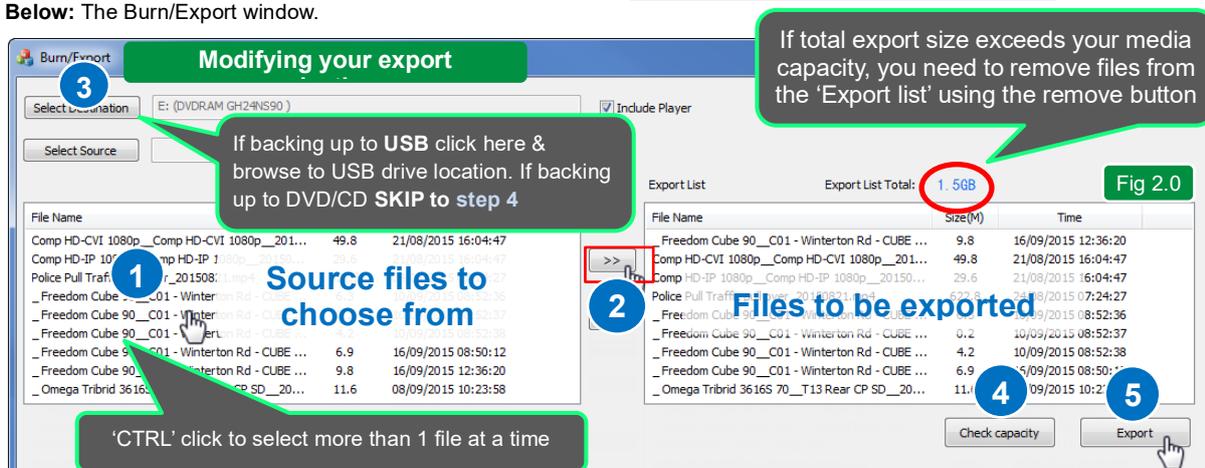


If you choose the 'Download & Export' button, which must be used if you either need to backup to CD/DVD media or want to add additional files to your export. After the download phase has completed you will be prompted to insert you backup media and begin the DVD/CD export phase. If you don't need to add additional files insert your DVD/CD and click 'Yes' to proceed, to export to CD/DVD.

Once the exporting process has completed, you will get a notification, after which you can exit the Burn/Export window and 'Download' window. **Note:** an Export Player app is automatically included on the backup media along with PDF help guide on how to use the Player.



Below: The Burn/Export window.



To add additional video files click (or CTRL-CLICK) each file from the left 'source files' list then click the add icon >>. If the 'Export list Total' size exceeds your selected media capacity, remove files from the right 'Export list'. Once you are satisfied with your selection click the 'Export' button to proceed with your export. **To convert footage to AVI see [Freedom Player User Guide](#)**